

Student Self-Reflection Sheet

MedicHut for Schools - free toolkit, medichut.com/schools

Fill this in straight after your mock MMI, while it is fresh. Keep it and bring it to your next practice session.

Name: _____ Date: _____ Next practice: _____

After feedback, record one strength and one change for each station you answered.

Station 1: strength _____ change _____

Station 2: strength _____ change _____

Station 3: strength _____ change _____

Station 4: strength _____ change _____

Station 5: strength _____ change _____

Station 6: strength _____ change _____

The station I found hardest, and why:

The station that went best, and why:

One thing I did well today:

One thing I will do differently next time:

One topic I need to read up on:

Keep practising

Your university has 50 free practice questions at
<https://www.medichut.com/medicine-interview-question-bank> - practise out loud, not in your head.