Student Self-Reflection Sheet

MedicHut for Schools - free toolkit, medichut.com/schools

Fill this in straight after your mock MMI, while it is fresh. Keep it and bring it to your next practice session.

Name: _____ Date: _____ Next practice: _____

After feedback, record one strength and one change for each station you answered.

Station 1: strength _____ change _____

Station 2: strength _____ change _____

Station 3: strength _____ change _____

Station 4: strength _____ change _____

Station 5: strength _____ change _____

Station 6: strength _____ change _____

Station 7: strength _____ change _____

Station 8: strength _____ change _____

The station I found hardest, and why:

The station that went best, and why:

One thing I did well today:

One thing I will do differently next time:

One topic I need to read up on:

Keep practising

Medicine: 2,600 practice questions across 52 university-specific medicine banks.
https://www.medichut.com/medicine-interview-question-bank

Dentistry: 900 practice questions across 18 university-specific dentistry banks.
https://www.medichut.com/dentistry-interview-question-bank

Practise out loud, not in your head.